

# August Napkin Note Ideas

Thursday, August 1	Life isn't about finding yourself. It's about making yourself.
Friday, August 2	Today's Checklist 1) Wake up 2) Be awesome 3) Repeat
Monday, August 5	The two most important days of your life are the day you are born and the day you find out why. ~Mark Twain You are you!
Tuesday, August 6	Play like you're in first. Practice like you're in second.
Wednesday, August 7	You are your most important relationship.
Thursday, August 8	"You are allowed to be disappointed when it feels like life's benched you. What you aren't allowed to do is miss your opportunity to lead from the bench." - Abby Wambach
Friday, August 9	The first step is always the most difficult.
Monday, August 12	Not everyone likes me, and I'm ok with that. It's not their job to like me. It's mine.
Tuesday, August 13	"As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others." - Audrey Hepburn
Wednesday, August 14	Do what you can't.
Thursday, August 15	"There are three ways to ultimate success: The first way is to be kind. The second way is to be kind. The third way is to be kind." – Mr. Rogers
Friday, August 16	Don't quit what matters most.
Monday, August 19	Empowered women empower women.
Tuesday, August 20	"If you hear a voice within you say 'you cannot paint,' then by all means paint, and that voice will be silenced." - Vincent Van Gogh
Wednesday, August 21	You Are Amazing You Are Brave You Are Strong
Thursday, August 22	A bad day does not equal a bad life.
Friday, August 23	You don't need to be accepted by others. You just need to accept yourself.
Monday, August 26	Don't compare your Chapter 1 to someone else's Chapter 20. Just start and write your own story.
Tuesday, August 27	Now isn't that pleasant! – Dr. Seuss
Wednesday, August 28	Don't wait around for inspiration. If you don't feel inspired, maybe it's your turn to inspire someone else.
Thursday, August 29	I didn't come this far to only come this far.
Friday, August 30	Even if where you are is a good place to be it is not a good place to stay.